

Central Junior High School

Paw Prints November 2011



Blue & Gold Parents' Club

The monthly meeting of the Blue & Gold Parents' Club will be held on Tuesday, November 1, at 6:30 p.m.

November 4/ December 2

School Improvement Days

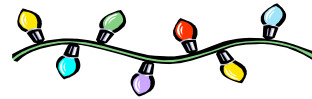
Students will be dismissed at 11:00 a.m. on Friday, November 4 & Friday, December 2 for school improvement days.

No School

Friday, November 11th there will be no school in observance of Veterans Day.

Midterms

Midterms will be sent home on Tuesday, November 22. These midterms must be signed and returned to the homeroom teacher by Wednesday, November 30.



Festival of Lights

East Peoria's Festival of Lights Parade will be held on Saturday, November 26, at 6:00 p.m.

Board of Education

The monthly meeting of the Board of Education will be held on Tuesday, November 15th, at 7:00 p.m. in the boardroom at Central Junior High School.

THANKS

The staff would like to express our appreciation to Mrs. Dawn Ingold and all the parents who provided such wonderful treats for our staff appreciation last month.



FLU vs. COLDS: A Guide to Symptoms

Your child is sent home from school with a sore throat, cough, and high fever. Could it be the flu that's been going around? Or is it just the common cold? Typically the flu has symptoms that make a child feel worse than symptoms associated with a common cold, but it's not always that easy to tell the difference.

Review these questions:

- Was your child's onset of illness - Sudden? Slow?
- Does your child have a High Fever? No (or mild) fever?
- Is your child's exhaustion level - Severe? Mild?
- Is your child's head - Achy? Headache free?
- Is your child's appetite - Decreased? Normal?
- Are your child's muscles - Achy? Fine?
- Does your child have - Chills? No chills?

If most of your answers fell into the first category, chances are that your child has the flu. If your answers usually belonged in the second category, it's most likely a cold. The important thing to remember is that flu symptoms can vary from child to child, so if you suspect the flu, call the doctor. Most of the time, you can take care of your child by offering plenty of fluids, rest, and extra comfort. (Source: kidshealth.org—partial article)



RETURN TO SCHOOL GUIDELINES

- **24 hours** with no fever and no medicine like acetaminophen (Tylenol) or ibuprofen.
- Sick individuals should stay at home until the end of the exclusion period, except when necessary to seek required medical care.
- Keeping people with a fever at home may reduce the number of people who get infected.
- Aspirin should not be given to children or teenagers who have influenza; this can cause a rare but serious illness called Reye's syndrome.
- For more information on caring for the sick: <http://www.cdc.gov/h1n1flu/guidancehomecare.htm>

WHAT'S INSIDE

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Student Council News

Canned Food Drive November 7-18

Student council members will be collecting cans in their study halls. The study hall with the most cans donated will receive a pizza party. All food donated will remain in East Peoria. Anyone interested in donating please contact Mrs. de Paula or Mr. Shaver.

Student Council Meeting

Monthly meeting will be held on Wednesday, November 9 at 7:00 a.m.

Nov. 10 - Support Your Troops

Nov. 18th - Spirit Day

(dress accordingly, see handbook for guidelines)



CDC (Centers for Disease Control and Prevention) recommends that people with influenza-like illness remain at home until **at least 24 hours** after they are free of fever (100 °F), or signs of a fever without the use of fever-reducing medications.

Congratulations to the following boys who were chosen for the 2011-2012 Boy's Basketball teams.

SPORTS CORNER



7th	8th
Coach Delinski	Coach Kolowski
Conner	Isaiah
Jake	Brendan
Michael	Colin
Riley	Mason
Dylan	Jakob
Grant	Tanner
Noah	Ian
Mitch	Adam
Logan	Mika
Brandon	Carl
Nate	David
Jacob	Carl
	Matt
	Josh



Boys Basketball Schedule (7/8)

11/9 @ Wash Tourney	6:30/7:45pm
11/11 @ Wash Tourney	4/5:15 pm
11/12 @ Wash Tourney	10/11:15 am
11/17 @ Peo Christian	4:30 pm
11/19 @ Edison-Pekin Tourney	9:00 am
11/21 @ Broadmoor-Pekin Trney	4:00pm
11/22 @ Pekin Tourney	4:00 pm
11/29 vs Normal/Kingsley	4:30 pm
11/30 @ Metamora	4:30 pm

GBB Schedule

11/3 vs. Chillicothe	4:30 pm
11/5 vs. Dunlap Middle	10:00 pm
11/7 @ Parkview	5:15 pm
11/8 vs. Mossville	4:30 pm
11/10 vs. Midwest Cntrl	4:30 pm
11/15 vs. Wshingtn Cntrl	4:30 pm
11/17 vs. Normal Prkside	4:30 pm

Wrestling Tryouts

Wrestling practice sign-ups will be the first week of November and conditioning will be after school until 4 pm on Tuesdays and Thursdays. (Conditioning is subject to change) Remember, you must have a current physical on file to participate.



VOLLEYBALL TRYOUTS

Tryouts for the Volleyball teams will take place in December. Check the daily announcements for the exact times and dates. All participants **must** have a current physical on file with the nurse's office. This physical must be dated within the last 12 months. All questions should be directed to Mrs. Eller or Miss Bevard.

ATHLETIC PUNCH CARDS

Athletic Punch Cards are still for sale! 10 game punch cards will cost: \$20 for adults and and \$10 for students. The punch cards will be available at home basketball games.

PBIS DATA

If you are interested in PBIS data, you may access that information by viewing Mr. Warner's website as epd86.org.



MUSIC DEPARTMENT NEWS

Congratulations!!

Congratulations to David and Brandon for being one of 24 students selected to participate in the Middle School Student Researcher Program that will be taking place on November 16th.

CJHS STUDENTS OF THE MONTH

6-Blue	BRENNA
6-Gold	EVAN
7-Blue	NICOLE
7-Gold	ANASTASIA
8-Blue	KYLIE
8-Gold	ANTHONY



Veteran's Day Parade

Saturday, November 5, our band will march in the Veteran's Day Parade at 1:30 p.m. The parade starts at the police station and travels down East Washington St., turns right on Veterans Drive (at Super Gyro) and continues to the VFW on Meadow Ave.

Music Parents Association

The monthly meeting of Music Parents will be held on Monday, November 28, at 6:30 p.m. Any parent of a band student is welcome to attend.

IMEA CONCERTS

Congrats to Madelyn Garrott and Caleb Kelch who will be attending the Band Concert Festival at Western Illinois University in Macomb on Nov. 5th.

PEPBAND

Pepband will play at the basketball games on:

- 11/3 @ 4:30 pm (girls)
- 11/10 @ 4:30 pm (girls)
- 11/15 @ 4:30 pm (girls)
- 11/29 @ 4:30 pm (boys)

Students need to report to the band room at 5:00 pm and parents can pick up students at 6:30 pm.



COATS for Kids

The Salvation Army's Coats for Kids Program has started. This year you can bring in coats/hats/gloves that don't fit or wear anymore to CJHS. Bins are located in the entrance area. Coats for Kids is helping the needy stay warm this winter, and you can help!



FONDULAC DISTRICT LIBRARY

Gingerbread House Registration

Registration and prepayment are required and are accepted starting Nov. 5th at the library in the Children's Department for Gingerbread House Decorating Workshop on Dec. 17th. Registration will end when all houses are sold.

We are doing in-person registration only. (No phone-in or mailed registrations, please.) Because of the workshop's extreme popularity and the limited number of houses, registrants may only register their own household and are limited to a maximum of three gingerbread houses per household.

Hunt for Hugo

In anticipation of the release of the movie *Hugo*, children ages 7 and up are invited to visit the library the week of November 14th for a scavenger hunt based on Brian Selznick's Caldecott Medal-winning, illustrated novel *The Invention of Hugo Cabret*.

Story Hours

Story hour sessions continue through November 17. Registration is not required, but the library requests that the caregiver has a valid library card and that the child is the appropriate age.

Teen Cooking

Tap into your inner Iron Chef and whip up something delicious at a free hands-on cooking class for 6th-12th graders November 5, at 2 pm. We will be making Mexican Fiesta Tacos. Call 699-3917 to register.

Transforming Treasures: Holiday Style

Susan Palmer and Valerie Brandon from The Rustic Junction return to the library to demonstrate how you can transform family keepsakes and thrift store finds into new holiday treasures! Join us Nov. 9 at 6:30 pm as they show you how to repurpose, recycle, and reuse what you have to create unique holiday décor.

Holiday Cards for Troops and Veterans

Stop by the library Nov. 11th, Veterans Day, to sign a holiday card for those serving in the military or a veteran who has served. Greetings will be shared with Citizen SAM for inclusion in Operation Santa stockings and with the American Red Cross Holiday Mail for Heroes program. Cards will be provided; all you need to bring is your holiday cheer.



PEP CLUB

Pep Club has started up for the 2011-12 season! They will be attending 10 home boys' and girls' basketball games throughout the year. For a schedule of the games the Pep Club will be attending, please visit Mr. Slagel's (Pep Club Sponsor) website on Teacher-Web. You may also email Mr. Slagel from that website with any questions or student issues.

Keep in mind that students in Pep Club who wear the Pep Club shirt to the game get in free! We look forward to cheering our Wildcat team on to victory in a respectful and appropriate manner while keeping the energy and enthusiasm. Lastly, remember to give Willie the Wildcat a high five, hand shake, or wave when you see him pumping up the crowd!

GO WILDCATS!

Exploratory Team Rock Stars

- Haley -Respect
- Cara -Respect
- Kiara -Respect
- Autumn -Respect
- Ashlea -Responsibility
- Katie -Doing the Right Thing
- Noah -Doing the Right Thing
- Paige -Respect



Mathcounts

Mathcounts is offered to all 6th, 7th, and 8th grade accelerated math students. It will begin Tuesday, November 1st and will be held every Tuesday and Thursday morning from 7:00-7:35 am in Mr. D'Alfonso's room (321). We will be working on improving skills in problem solving and higher level thinking. Donuts will be served!!



THANKSGIVING HOLIDAY

There will be no school Wednesday, November 23, Thursday, November 24, and Friday, November 25 for the Thanksgiving Holiday.



CHESS CLUB

The Chess Team will be hosting a tournament Nov. 19th in the old gym starting at 8:30 am. Teams from around the Peoria area will be competing. Contact Mrs. Messmore to help out in concessions or supervision. The next tournament will be Dec. 10th in Brimfield starting at 9 am. Watch for additional information to be sent home.



"Are you smarter than a 5th grader?"

Are you a trivia master? Then Scholastic Bowl needs you! Tryouts for Scholastic Bowl will be held after school in room 307. 7th and 8th graders will try out Tuesday, Nov. 29, and 6th graders will try out Wednesday, Nov. 30th. We will be finished both nights by 4:30. An oral and written test will be given covering knowledge in Science, Social Studies, English, Math, Fine Arts, and Sports. If you have questions or a conflict with the try-out times, see Mrs. Winkler or Mrs. Messmore.

CJHS has a supply of donated jackets, coats, and sweatshirts. If your child needs a free jacket or coat, please have them see Dr. Spencer. We also welcome donations.



Speech Contest—Friday, November 11

The Speech Team will be traveling to Roanoke-Benson to compete in the IESA state speech contest. Family and friends are encouraged to attend and support the contestants.



ONE CALL NOW

Almost all of you have been contacted at one point or another by a recorded message from the district office. One Call Now provides this service, and this will be very important in our communication with home particularly when the weather gets hazardous.

If you would like to change or add an additional phone number to our One Call Now call list, you can access this link through the district website at www.epd86.org



CJHS collects General Mills BOXTOPS for education. These coupons can be used to purchase items for the students, teachers, and school. A big thank you to everyone who submitted BOXTOPS last year. We received \$500, which was used to purchase 25 new novels. Please keep sending them to the library. For every 40 BOXTOPS that a student brings in they receive a king size candy. BOXTOPS & Barnes & Noble have teamed up to bring you the BOXTOPS READING ROOM, where you can earn cash for our school by simply making purchases from Barnes & Noble.com. Go to www.btf.com and sign up support our school. Then log on to btf.com/readingroom and click the "Shop Now" button to go to Barnes & Noble.com. Our school automatically earns a donation of 6% on new book purchases and 3% on all other Barnes & Noble purchases.

Mrs. Watts, Librarian



CJHS TEEN REACH PROGRAM

The Tazewell County Health Department in conjunction with CJHS & District #86, is once again offering the after school program Teen REACH. This is a safe and positive environment for teens to grow academically, physically, socially and mentally.

Monday – Thursday Cost: \$3 a night

Tutoring and Homework help is offered daily from 2:40 – 4:00 pm.

Life Skills, Service Learning, and other fun activities are offered from 4:00 – 5:30 daily.

Fun Fridays Cost: \$5 night

Activities include movies, ice cream socials, pizza parties, bowling, fitness fun, swimming, and more.

Registration packets are available outside the main office.